

"WE ARE THE GREATEST" **LAGUITAN** Sailor of Quarter

Spirits Base Champs

After a heartbreaking defeat last season, the veteran NRM "Spirits of '76" captured the Navy Memphis basketball championship with a close-fought victory over Dental by a score of 49 to 41.

The Spirits were undefeated throughout the season until the double elimination playoffs began and they suffered a loss at the hands of Dental. Coincidentally Coach Bill Reynolds was on TAD assignment at the time. But all hands were present for the final contest, except for Dean Barnhart who suffered a broken foot in an earlier victory and T. C. Johnson who had duty.

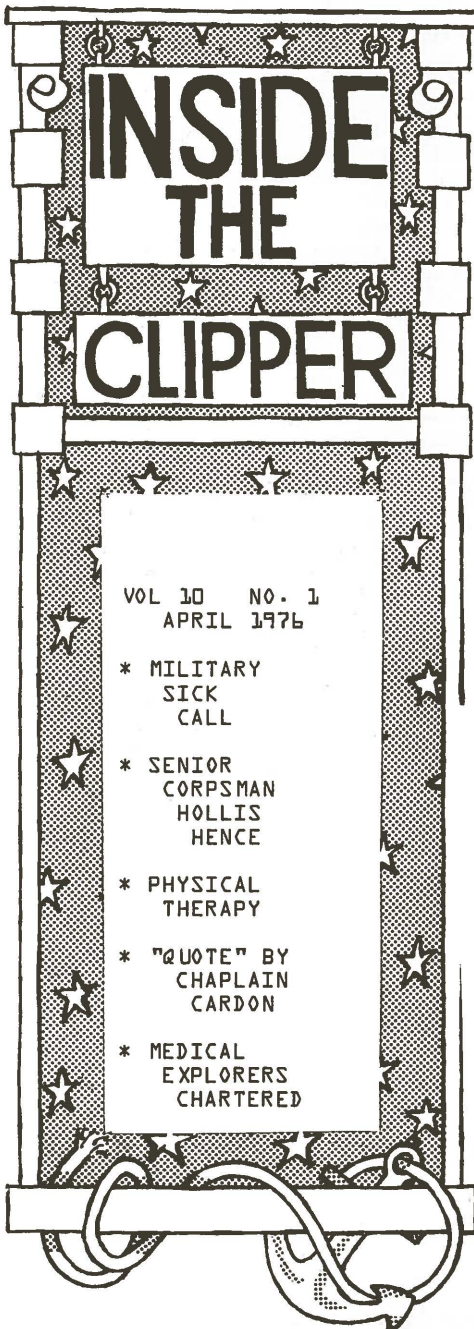
First half action ended with the Spirits behind by 7, but that margin was quickly erased in a well-coordinated second half attack. Sharpshooter Earl "Cornbread" Ramsey was high scorer for the night with 22 points (see **BASKETBALL** page 5)



HM3 Danny Laguitan of the Pharmacy Service was named Sailor of the Quarter by the Leadership Council at their March 29 meeting.

HM3 Laguitan joined the Navy in October of 1972 after graduation from a civilian pharmacy school in his native Phillipine Islands. He served aboard the USS Coral Sea (CVA-43) in the sick bay until he was ordered to Naval Hospital Corps School in San Diego in June of 1974. After graduation, he received orders to NRM Memphis, and he has been here since. He applied for and received his pharmacy technician NEC in June of 1975.

The 25 year old plans a career in the Navy and hopes to remain in the Hospital Corps. He would like to be assigned to duty in the Far East or Guam. Danny and his wife Elisa make their home in Memphis with their six month old son Michael Christopher.



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MILITARY SICK CALL

In no service of the Regional Medical Center is the mission of the Medical Department more apparent than in the Military Sick Call Section of the Branch Clinic. This mission is explicitly spelled out in various publications, instructions etc., issued on a local level and/or by higher authority (i.e., provide all professional and technical assistance requisite to safeguarding and promoting the health of Navy and Marine Corps personnel).

The Military Sick Call Section of the Branch Clinic is staffed by one General Medical Officer, one Nurse Corps Officer, and 16 Hospital Corps personnel who see in excess of 250 active duty patients per day. Of the 16 Hospital Corps personnel assigned, 11 are utilized to "screen" patients, 3 are assigned to the treatment room, and 2 to the immunization clinic. Additionally, some personnel are rotated through various technician billets for cross training on a weekly basis.

It is obvious that the Medical Officer could not treat all patient reporting for sick call therefore the "Sick Call Corpsmen" treat the majority of the patients without referral. This practice may appear to some to be less than optimum; however, the lack of General Medical Officers in the Naval Service necessitates this "style" of medicine.

Historically, Hospital Corps

personnel have performed and will continue to perform in the absence of a medical officer, all duties relative to patient care for which they are qualified.

This concept isn't unique to NRMCMFS, as evidenced by the numerous ships with a Hospital Corpsman assigned duty independent of a Medical Officer, rather the training/experience

level of the "screeners" here is somewhat limited, requiring local training on a continuing basis to insure that the best possible care is rendered.

In practice, the "screener's" function is to care for those who attend sick call. Often times, the complaint and treatment are easily recognizable while others require diagnostic "studies" which are ordered by the "screener". The screening corpsman consults with the Medical Officer about diagnosis and/or treatment which are beyond his scope.

A traditional Navy "Well Done" is in order for the personnel of the Military Sick Call Section for their constant efforts to improve patient care and their sense of responsibility and dedication in carrying out the mission of the Medical Department.

VIEWPOINT

Now is the time for all young ladies of lovely limb and wholesome personality to enter the competition for the Queen of Navy Memphis contest. This is an annual event sponsored by the Navy Relief Society to raise money for its operations.

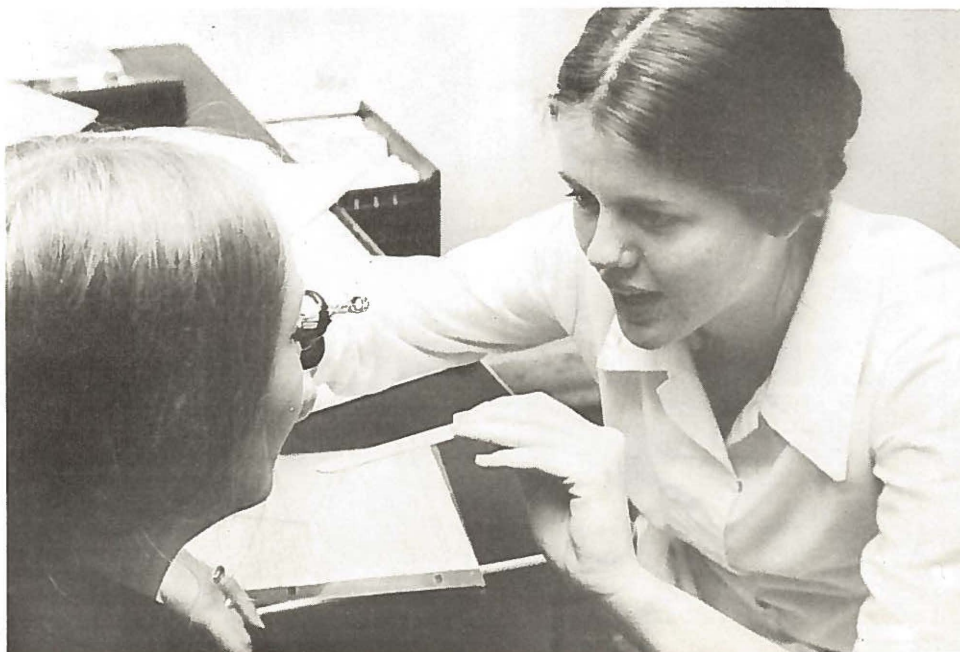
To briefly recap last year's campaign: Of the 21 entrees for the Queen contest, 12 were from the NRMC. Our staff donated 117% of the goal set for us, a 47% increase over the previous year's effort. The total donations from Navy Memphis were \$77,000.

The work of the Navy Relief never ends. Any organization devoted to helping people needs substantial amounts of money to operate, and remember, Navy Relief is for Navy people. You never can tell when you may need help during a crisis. The annual fund drive isn't the only income for Navy Relief, but it's a big part.

So let's get behind the drive. Enter the contest if you are eligible. In our editorial opinion, the beauty ratio at the NRMC is higher than at any other Navy Memphis command. If you can't enter the contest, be a keyman and sell tickets. If nothing else, donate. Navy Relief is ready to help all of us. The least we can do is help Navy Relief.

NOTICE

NRMCMFS NOTE 5354.1 subject Affirmative Action Plan prohibits assignment of NRMC staff on the basis of sex.



SENIOR CORPSMAN HOLLIS HENCE

Senior corpsmen are a unique group of people. They voluntarily assume duties beyond the requirements of their rates. If they are good they are a blessing for the charge nurse, the junior corpsmen, and especially the patients. If they cannot bear the load their tenure is short. The demands of the job are high, and, for the most part senior corpsmen meet them well.

NRMCMemphis has a group of senior corpsmen whose record is outstanding. However, their contributions towards the efficiency of their nursing units is rarely recognized publicly. Therefore, *The Clipper* takes great pride in presenting the following series of articles on each of the senior ward corpsmen.

HN Hollis Hence is a native of Pine Bluff, Arkansas. He was graduated from Dollarway High School in 1972, where he served as the president of the band, worked on the newspaper staff, and was voted the Most Talented Senior of 1972. After graduation, he attended the University of Arkansas at Pine Bluff majoring in music, a natural for him since his interests range from the organ (he played for his church and led the choir) and piano to the clarinet and the saxophone. He studied for one and one half years there before entering the naval service.

HN Hence is the senior corpsman of 3 West Pediatrics. Hollis has worked there for nearly a year, and in that time he has developed a true love for the work. His duties as senior corpsman closely parallel other S/C's, such as ordering supplies, supervising patient care by junior corpsmen, and maintaining the ward, but are tailored to the peculiarities of working with pediatric

patients. Pediatrics is a definite medical specialty, and with good reason. A special kind of personality is required to cope with the problems of the wee ones, and Hollis has that kind of character.

Off the ward, Hence is usually occupied by his music (he wants to finish his studies and compose), swimming, tennis, and a new hobby, horseback riding. He also loves to dance. His charge nurse, LTJG William Richburg, sums it all up, "Hence is an excellent senior corpsman who plays and works hard with his staff. Not one to hide behind his title, he pitches in and works with his men while supervising them and supplying the ward. His good-natured personality goes a long way in keeping morale high on 3 West. What more can one say than, 'We like and respect him!'".



Medical Repair

If a vote were taken to select the least understood and most seldom visited department in the hospital, Medical Repair would probably win, if anyone remembered to nominate it. Hidden away on the ground floor next to the crawl space Medical Repair performs a valuable service without which the hospital's functions would quickly degenerate.

Medical Repair is staffed by four repairmen who have attended the Navy's "C" school for that particular NEC. Due to the complexity of the field, the school was recently split into three distinct courses of study; Biomedical Equipment Technic, Biomedical Equipment X-Ray, and Biomedical Equipment Electronic. As can be seen, Medical Repair is not just a bunch of tinkers. They are skilled technicians working with sophisticated equipment.

The people who work in Medical Repair are almost as varied as the equipment they repair. HMC R. L. Olley is the boss, leading HMC Eldon "Pete" Peterson, HMC James "Mac" Macpherson, HMC J. L. "Shakey" Schermerhorn, and HMC Joe Dietz. In addition, Russell Palmer works with the Navymen. Mr. Palmer was one of the original installers of the hospital Dictaphone system, and he's been here ever since.

The shop stays busy most of the time, receiving an average of 12 trouble calls a day. The calls range from a leaky manometer to a non-functional ECG monitor. When the techs aren't working with a piece of gear they're developing an improved computerized maintenance system for the hospital's equipment. The job requires listing literally thousands of pieces of gear as well as the servicing schedule for each piece of gear. The obvious advantage to such a (see MEDICAL REPAIR page five)

CORPSZOO

by Mark Smith



Physical Therapy Clinic

Physical Therapy Clinic is more a department unto itself than a clinic. The staff performs a highly specialized service to a wide range of patients over a long period of time, which in itself differs from the mainstream of clinical patients. The techniques used are sophisticated enough that to become a physical therapy technician requires seven months of didactic education with a four month internship.

The clinic's patients have ailments that exceed the layman's expectations. The techs aid in the rehabilitation of orthopedic patients, of course, but they also treat many cases from neurology, pediatrics, and internal medicine. For example, children with physical handicaps such as cerebral palsy or myelomeningocele can often benefit from the proper course of physical therapy. Burn patients spend time in the clinic's whirlpool baths for debridement of their wounds. Stroke victims, too, can regain many of their former capabilities by means of the appropriate therapy.

Physical Therapy is staffed by 5 enlisted personnel and one officer. HM2 Peggy Dochterman, HM2 Tom Sering, HM2 Jesse Garcia and HM3 Mitzie Gibbons comprise the PT technicians with HM3 Fred Brown and HN Matt Stewart providing support as general service corpsmen. The group is led by mentor LT Bill Reynolds, a graduate of the University of Minnesota's physical therapy program and a former enlisted man. Everyone, despite rank or rate, does essentially the same job; evaluating the patients, determining the proper course of therapy, and performing the therapy they set up. In this way the clinic manages to see as

many as 120 patients in a single day. The average time spent with each patient in treatment is 15 to 30 minutes. In addition, the department operates 7 days a week.

The treatments performed at the clinic range from very sophisticated procedures such as ultraviolet treatments (tricky because overexposure is not evident at the time and can result in a painful sunburn later) to passive range of motion exercises. Weight control is an important part of the responsibilities they carry and general fitness is also important. Lt Reynolds is a firm believer in



swimming as an overall toner of muscles, and so the clinic operates a swim therapy group for patients selected on the basis of their need for rehabilitation of large muscle groups. The aerobic point system (jogging) is also used with success for rehab especially in orthopedic cases.

On the 25th of March the clinic was presented with a stationery bicycle to be used in its therapy program. The new piece of equipment was a gift of the Ladies' Auxiliary of the Fleet Reserve Association. This is not the first donation by the Auxiliary. Physical Therapy has received gifts before as well as other clinics and departments.

Of all the clinics at the NRMHC, Physical Therapy has the greatest potential for emotional reward. The staff starts treating a patient at his worst and gradually sees him improve and grow. The daily healing of patients is the source of most of the reward the techs feel as they go about the day's work.

In summary then, PT is a highly specialized facility that treats its patients on a long-term basis. Although its present mission is complex and requires great competence, future plans will make increasingly greater

demands on the staff. And with the new challenges will come proportional rewards from the people they serve.

Cure for "bed sores" found

A Veterans Administration (VA) nurse has discovered a cure for skin ulcers, or "bed sores," by combining the skills learned both as a nurse and a housewife.

Gladys C. Wallace, of the Louisville, Ky., VA hospital, had tried every recognized method of treating a gunshot wound in the abdomen of a 21 year old paraplegic Vietnam veteran. When the wound would not heal despite constant care, she sprinkled him liberally with karaya vegetable gum powder and wrapped him in a well-known plastic wrap. Healing started the next day and was complete within a week.

A surgeon and Mrs. Wallace then treated the veteran's leg ulcers and a deep spinal ulcer with the gum and powder and they also healed.

The hospital has since successfully used the karaya vegetable gum powder on more than 100 patients, including paraplegics and quadriplegics with decubitus ulcers, amputees with infected leg stumps and diabetics.

The average time for complete healing has been seven days for superficial ulcers and widely affected skin areas, 14 days for ulcers extending down to the muscle and 75 days for wounds involving the muscle.

The karaya treatment is now used in other Kentucky hospitals with results comparable to those at the VA hospital. No ill effects or complications have been reported.



'quote'

There is both irony and ecstasy in that the holiest seasons of both Judaism and Christianity are always celebrated in the same week of the year. Despite the outward appearances of their observance, there is at least one striking similarity between Passover and Easter.

Israel celebrates its freedom from physical bondage by God when He delivered them from Pharoah. Christianity celebrates freedom from spiritual slavery by Jesus' taking upon Himself the sins of the world. Unfortunately, Moses did not underwrite slavery insurance, nor did Jesus give an individual, money-back, unconditional guarantee to every so-called "Christian" that he would be welcome through the pearly gates at Judgement Day.

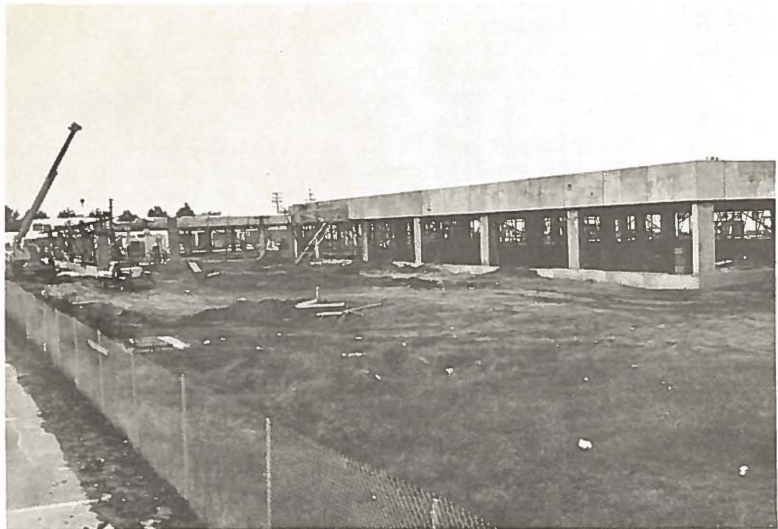
Many of our fellow men, brothers, are still not physically free. We are. But war, crime greed, abuse of our minds and bodies, envy, hatred, and mindless pursuit of material comfort still enslave us worse than any chains might. During the ecstasy of Passover and Easter, let us stop to consider that perhaps Moses and Jesus only opened the jail door, but to be free we have to walk like the ancient children of Israel. So let's walk, brother, let's walk.

Chaplain Cardon

(MEDICAL REPAIR continued from page three)

program is reduction in down time for all equipment and saving of money for extensive repairs. By replacing parts with a high risk of failure on a regular basis equipment can be used for longer periods of time without a major breakdown. The monetary savings from such a program are expected to be significant.

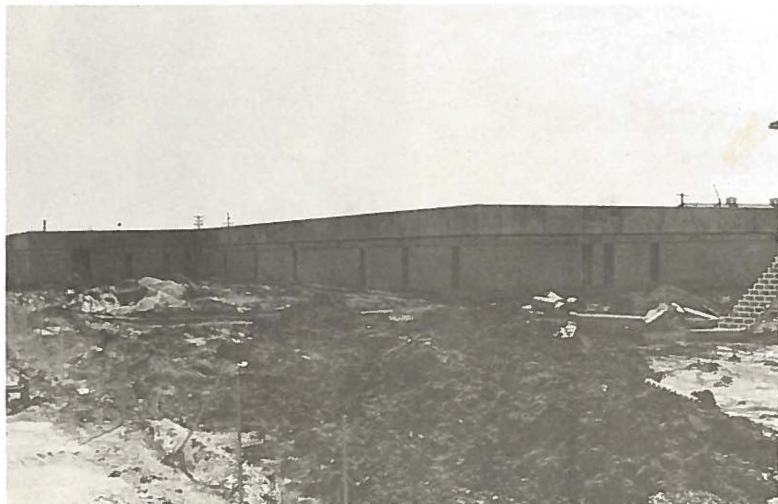
Medical Repair may not be glamorous. It may not have the potential for a heavy TV medical drama, but without it NRMC Memphis would be far less efficient in the performance of its mission.



DISPENSARY/DENTAL COMPLEX IN
MARCH 1976

Progress on the new dispensary/dental complex is going along nicely as the photo shows. According to Project Manager Ken Fulmar the construction is 55% complete, with a target completion date near the end of August. Most of the exterior work has been completed with the interior construction well under way.

DISPENSARY/DENTAL COMPLEX IN
JULY 1975



(BASKETBALL cont'd from page 1)
followed by Tracy Grim who tallied up 12. The "Spirit-ual" defensive plan held Dental to 17 points in the second half while the NRMC team walked away with 32. Defensive play was lead by Johnny "Jabbo" White, Dean "Dream" Powell, and "Cornbread" Ramsey. Aiding with good rebounding were Malcolm "Stitch" King, Fred "Brooklyn" Brown, and

Tracy Grim. The Dental Techs maintained a uniformly good offensive and defensive posture but couldn't hold the Spirits during their explosive second half aggression.

Later in April the champions will meet for the last time in an awards ceremony honoring the team members they will choose as outstanding.

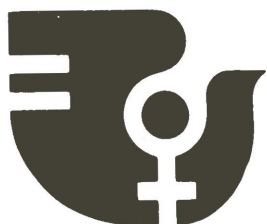
EDUCATION

The NCFA Education Advisor is professionally qualified to assist you in any area of personal educational growth. He is familiar with all phases of the Navy off-duty educational programs. Therefore, he can realistically translate your interests in education to active participation in accessible programs and classes. Some of the services available through the NCFA Education Advisors are :

- Counseling and advisement to help you select a realistic goal or objective within your capabilities, aptitude and interests.
- Administration and interpretation of counseling tests as needed for professional counseling.
- Information on use of the GI Bill for education.
- Information on tuition assistance provided by the Navy.
- Evaluation of military experience, service schools, boot camp, and other non-traditional educational experiences.
- Information on requirements (admission, registration, curriculum, etc.) for all civilian schools.

NCFA Education Advisors will eventually be assigned to all major naval installations. Your NCFA Education Advisor at the NRMC is Fred Jackson. Visit him at the Education Office or call extension 5847.

International Women's Decade Begins. . .



As International Women's Year (IWY) 1975 drew to a close in December, the United Nations adopted a resolution (2195) proclaiming International Women's Decade (IWD) 1976-1985 to further worldwide efforts for improving the status of women. The goals of IWD, like those of IWY, are: Equality, Development, Peace. The decade will continue to stress greater freedom of choice for women in planning their lives, and on equality of opportunity, compensation and responsibility.

Also at year's end, the U.S. Congress passed a bill (HR 9924) providing for a National Women's Conference in 1976, preceded by State and regional conferences, to assess progress toward achieving IWY goals, and to evaluate the work still to be accomplished. Overall responsibility for the conference is placed under the National Commission on the Observance of IWY, which

was appointed by President Ford in 1975 to report to him on major issues affecting women.

Numerous IWY activities, involving both military and civilian women, were conducted throughout the Defense and Military Departments during 1975. The Department of Defense IWY Committee, established by the Secretary of Defense, plans a formal presentation of its report and recommendations to Secretary Donald Rumsfeld in the near future. In addition special awards will be presented to individuals and

activities, in the Defense establishment, that distinguished themselves in support of IWY.

United Nations documents and pictures relating to IWD may be obtained from Una Ellis, United Nations, Room 3115, New York, N.Y. 10017.

Information on the upcoming U.S. National Women's Conference is available from the National Commission on the Observance of IWY, IWY Commission Secretariat, Department of State, Washington, D.C. 20520.

SOFTBALL SEASON PLANNED

Again this year NRMC plans to have six intramural (closed) slow-pitch softball teams. All games will be played on the NRMC field.

Team rosters must be submitted not later than 15 April 76 to Lt New. Rosters shall not be submitted directly to NAS Recreation Department.

Last year approximately 130 staff members participated in our league. There is no limit to the numbers allowed on a team; however, once an individual is listed on a team he is prohibited from playing on any other team.

Remember that the deadline for submitting team rosters is April 15, 1976. Sign a "no cut" contract today.

EXPLORING...

The Regional Medical Center is the home of Medical Explorer Post #601. The Post operates under the auspices of Boy Scouts of America, but the function of the post is to explore the medical field, not camping and nature studies.

Post #601 has been operating for nearly a year with LCDR Joe Beene, ENS Georgene Gibbs and HMC D. R. Grimes coordinating the hospital's resources for the group. Their activities have ranged from observing minor surgery in the Surgical Clinic to a demonstration of EKG's.

Pictured below is the presentation of the Post Charter by Mr. Bill Robinson, area coordinator for the Exploring Division of the BSA to Captain Lehman with Captain Barker looking on.

